

A.L.A.C. CALENDAR 2009-2010 SEASON

SEPTEMBER 2009

Sat 19th Registration Day

Sat 26th Registration Day

OCTOBER 2009

McDonalds Bring a Friend Month

Sat 3rd Registration Day, Modified Program & coaching day

Sat 10th Centre Program

Sat 17th Centre Program

Sat 24th Centre Program

Sat 31st Centre Program

NOVEMBER 2009

Sat 7th Centre Program

Sat 14th Centre Program

Sun 15th Region Relays at Shepparton

Sat 21st Centre Program – Donation Day for Royal Children's Hospital Good Friday Appeal

Sat 28th Centre Program

Sun 29th Albury Open Day Carnival

DECEMBER 2009

Sat 5th Centre Multi Event

Sat 12th Centre Program

Sun 13th VLAA State Relay Championships Olympic Park Melbourne

Christmas Break

JANUARY 2010

Sat 16th Centre Program

Sat 23rd Centre Multi Event Championship

Sat 30th Centre Program

Sat 30th VLAA State Multi Event – Bendigo

Sun 31st VLAA State Multi Event – Bendigo

FEBRUARY 2010

Sat 6th Centre Program

Sat 13th Region T & F Championship Albury

Sun 14th Region T & F Championship Albury

Sat 20th Centre Program

Sat 27th Border Challenge Cup Program 4.00pm Twilight at Albury

MARCH 2010

Sat 6th Centre T & F Championships Wk 1

Sat 13th Centre T & F Championships Wk 2

Sat 20th Modified Program

Sat 20th State T & F Championships Olympic Park Melbourne

Sun 21st State T & F Championships Olympic Park Melbourne

Sat 27th Presentation Day